DOMESTIC VIOLENCE

EDUCATIONAL PROGRAMS

ALBERTA WIDE

Alberta Council of Women's Shelters

Offers training opportunities, resources, events, and information for people working on the frontline, including:

- *The Healing Brain* online training program focuses on early childhood brain development, the impacts of trauma on children, and how to nurture resilience in children exposed to domestic violence.
- *Domestic Violence and Your Workplace* program provides businesses with the training, tools, and supports to recognize the signs of violence, appropriately help employees who are victims of violence and develop internal processes that protect both their workplace and employees.

Website: **https://acws.ca/**

Phone number: (780) 456-7000 (Edmonton); 1-866-331-3933 (Toll-free)

BearPaw Legal Education

Provides culturally relevant public legal education resources for Indigenous Peoples in Alberta. Family violence related topics include breaking a lease due to domestic violence, sexual assault, and lateral violence.

Website: **https://bearpawlegalresources.ca/**

Phone number: (780) 451-4002

Canadian Red Cross

Offers a wide variety of workplace safety training and certification (both in-person and online). Provides an on-line psychological first aid course that helps people cope with stress, loss, trauma, and grief. Also offers customized workplace safety training solutions.

Website: **https://www.redcross.ca/**

Sagesse

Offers peer support, capacity-building programs and resources that educate all members of society about domestic abuse including:

- *REAL Talk* guide and webinars help individuals understand and discuss domestic abuse openly.
- *Rainbow Ready* provides organizations, service providers, and agencies with knowledge and skills to provide safe, inclusive service to 2SLGBTQQIA+ individuals experiencing domestic abuse.

Website: **https://www.sagesse.org/**

Phone number: (403) 234-7337 or (587) 801-7337

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DOMESTIC VIOLENCE EDUCATIONAL PROGRAMS

EDMONTON & AREA

Stop Abuse in Families Society

Offers education programs focusing on abuse awareness and healthy respectful relationships free of charge to residents of St Albert, Sturgeon County, Parkland County and surrounding rural areas, including:

- *Make It Our Business* provides information and education to help employers, and their employees understand and identify signs of abuse.
- *Cut it Out* educates salon, beauty, and spa professionals on how to recognize the warning signs of domestic abuse, and how to respond and safely refer their clients to local support.

Website: **https://www.saifsociety.ca/**

Phone number: (780) 460-2195

Sexual Assault Centre of Edmonton

Provides specialized, trauma-informed services with online courses, presentations and workshops on sexual violence, including:

- Public education for youth, young adults, adults, professionals, and preschool children.
- *Institutional Support Program* helps organizations in responding to sexual violence.

Website: **https://www.sace.ca/**

Phone number: (780) 423-4102

The Family Centre

Offers a variety of courses and classes for parents, couples, individuals, and organizations to resolve relationship conflicts and challenges more effectively.

Website: **https://www.familycentre.org/**

Phone number: (780) 809-4572

Today Centre

Provides in-person and virtual workshops for service providers and community members to gain knowledge and skills to better recognize and respond to family violence, including:

- *Introduction to Family Violence* is an introductory workshop for anyone who would like to learn the basics about family violence, or as a refresher.
- *Family Violence Across the Lifespan* is training that gives service providers a basic understanding of family violence in four sessions.
- *Cut It Out* educates salon professionals to recognize, respond, and refer clients who might be experiencing family violence.
- *How to Help a Friend* workshop for anyone (suitable for all ages) that is interested in learning how to support a loved one that is experiencing family violence.
- *Understanding & Supporting Someone Experiencing Family Violence* workshop for community groups who want to learn how to support someone in an unhealthy or abusive relationship.

Website: **https://www.thetodaycentre.ca/**

Phone number: (780) 455–6880

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DOMESTIC VIOLENCE EDUCATIONAL PROGRAMS

CALGARY & AREA

Calgary Communities Against Sexual Abuse

Facilitates a variety of workshops for adults, children, and youth on sexual violence and domestic violence, including:

- *Intimate Partner Sexual Violence* workshop for adults examines the intersection of sexual violence and domestic violence, and how to provide support to anyone impacted.

Website: **https://calgarycasa.com/**

Phone number: (403) 237-5888

Calgary Women's Emergency Shelter

Provides safety, healing and prevention programs, including:

- *Take a Stand Initiative* – webinars and presentations to groups and organizations, focusing on identifying family violence, responding compassionately, and connecting victims to resources. Sessions are available in multiple languages through community groups.

Website: **www.calgarywomensshelter.com/**

Phone number: (403) 234-7233 (Calgary); 1-866-606-7233 (Toll-free)

YW Calgary

Offers approved professional development workshops to human service and healthcare workers, including:

- *Domestic Violence Safety Planning* live course explores safety planning with tools to understand risk, identify when a safety plan is needed, and develop a basic safety plan with clients.
- *Mental Health & Domestic Violence* live course explores mental health disorders for those impacted by domestic violence.

Website: **https://www.ywcalgary.ca/**

Phone number: (403) 263-1550

Rowan House Society

Offers free online or in-person preventative education to anyone affected by domestic violence and abuse in communities across Southern Alberta, including:

- Public presentations for agencies, businesses and other community groups to understand and recognize domestic violence and abuse, to better support the individuals they work with, their colleagues or friends.
- *Safe at Home Program* provides supportive group education sessions, case planning, goal setting, accountability planning and assessments.

Website: **https://www.rowanhouse.ca/**

Phone number: (403) 652-3311

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