

Alberta Human Rights Act



Discrimination at Work

How Are You Protected



The Alberta Human Rights Act is legislation that protects Albertans from discrimination at work. Discrimination can be intentional or unintentional, but it is always wrong under the Act.

Protected Grounds



Filing a Complaint



If you feel that you have been discriminated against you can make a complaint to the Alberta Human Rights Commission (AHRC).

There is no cost for filing a complaint

The Commission will accept your complaint if:



The incident happened in Alberta



You have reasonable (bona fide) grounds for believing that you have been discriminated against



The alleged discrimination is within the grounds and areas protected by the Act



The complaint is outside of the jurisdiction of the Canadian Human Rights Commission*



The complaint was made within one year after the alleged discrimination violation occurred

**If a complaint can be made under the Canadian Human Rights Act it should be made with the Canadian Human Rights Commission*

For more info or to file a complaint visit:

www.albertahumanrights.ab.ca

You should not rely on this infographic for legal advice. It provides general information on Alberta law only.

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